

# #325 Subluxation Transcript

## Subluxation Brochure

Header: Subluxation

Subhead: And the Chiropractic Lifestyle

Photo: Posterized MRI of the cervical spine

Photo: Automobile accident

WHAT'S THE CAUSE?

Photo: Close-up of mangled car parts from accident

The Vertebral Subluxation Complex describes what happens when spinal bones lose their normal position and motion

Automobile accidents, improper lifting, alcohol, emotional stress, chemical imbalances, and long periods of sitting can cause the Vertebral Subluxation Complex.

Instead of treating your symptoms, your Doctor of Chiropractic is primarily interested in detecting, reducing, and preventing the Vertebral Subluxation Complex.

THE VERTEBRAL SUBLUXATION COMPLEX IS THE UNDERLYING CAUSE OF MANY HEALTH PROBLEMS.

A subluxation, or more precisely, the Vertebral Subluxation Complex, describes what happens when spinal bones lose their normal position and motion from stress, trauma, or chemical imbalances.

The Vertebral Subluxation Complex is the underlying cause of many health care problems. Instead of treating your symptoms, your Doctor of Chiropractic is primarily interested in detecting, reducing and preventing the Vertebral Subluxation Complex.

Chart: This is a serious condition identified by its five parts:

**Spinal Kinesiology:** This is a fancy way of saying the bones of the spine have lost their normal motion and position. This can restrict your ability to turn and bend. It sets in motion the other four components.

**Neuropathophysiology:** Improper spinal function can choke, stretch, or irritate delicate nerve tissue. The resulting nervous system dysfunction can cause symptoms elsewhere in the body.

**Myopathology:** Muscles supporting the spine can weaken, atrophy, or become tight and go into spasm. The resulting scar tissue changes muscle tone, requiring repeated spinal adjustments.

**Histopathology:** A rise in temperature from an increase in blood and lymph supplies result in swelling and inflammation. Discs can bulge, herniate, tear, or degenerate. Other soft tissues may suffer permanent damage.

**Pathophysiology:** Bone spurs and other abnormal bony growths attempt to fuse malfunctioning spinal joints. This spinal decay, scar tissue, and long-term nerve dysfunction can cause other systems of the body to fail.

Photo: Hands playing piano

Caption: The five components of the Vertebral Subluxation Complex occur together like notes of a musical chord.

Photo: Couple picking out meat at grocery store

Caption: The scar tissue in the damaged muscles that support your spine are like the gristle in a bad cut of meat.

Photo: Doctor of Chiropractic examining patient's hip

Caption: A thorough examination will reveal the areas of your spine that are not functioning normally.

Illustration: Of nerves of the body

Caption: Your nervous system (protected by the skull and spinal column) is important because it controls the function of virtually every cell, tissue, organ, and system of your body.

Vertebral=Concerning the vertebral bones of the spine

Sub=Less than

luxation=A dislocation of a joint

Complex=more than one part

THE CHIROPRACTIC LIFESTYLE

A continuing schedule of regular chiropractic checkups can help detect, correct, and maintain optimum spinal and nervous system function. Find out how chiropractic care, combined with proper diet, exercise, and other aspects of good health and personal hygiene can enhance your well-being and help you enjoy life to the fullest. Ask your Doctor of Chiropractic for a care program designed for your age, condition, and lifestyle.

References

©1993 Back Talk Systems, Inc.  
(800) 937-3113 (303) 277-9990