

#319 Results Transcript

Results Brochure

Heading: Results
Subhead: Of the Chiropractic Lifestyle
Cover photo: Couple with kite with daughter.

DAMAGE CAN START AT BIRTH.

Photo: Physical therapist working with youngster
Caption: Detecting spinal problems at an early age can help prevent many of the problems seen in adults.

By the time some adults consult a Doctor of Chiropractic, years of spinal damage has occurred. This makes it difficult to get the instant results most patients want.

Many of the problems seen in adults get started at birth.

TODAY'S LIFESTYLES BENEFIT FROM CHIROPRACTIC CARE.

Even so-called "normal" births can cause unseen damage to the structure and function of a newborn's young spine. Muscles that support the spine adapt, and become used to supporting the spine incorrectly. Then, after years of neglect if something happens that exceeds your body's ability to adapt, obvious symptoms can develop. So, while your health complaint may seem new, the underlying problem may have existed for years.

Reducing nervous system dysfunction by restoring normal motion or position of individual spinal bones, is one of your doctor's major goals. Children usually respond quickly. Yet, long-standing spinal problems in adults can be difficult to fully correct, and may require months or even years of regular chiropractic care.

Underlying muscle and soft tissue damage may require continued care long after symptoms disappear. Missing appointments or discontinuing care prematurely can invite a relapse. That's why many patients elect to continue with regular chiropractic checkups to maintain their progress. How long you decide to benefit from chiropractic care is always up to you.

The sooner chiropractic care begins, the sooner spinal malfunction can be detected, reduced, and future problems avoided.

Get started today!

Photo: Birthing process
Caption: Many adult spinal problems got started with traumatic births and were neglected until the awareness of obvious symptoms.

Photo: Doctor rendering chiropractic adjustment.
Caption: Repeated chiropractic adjustments begin the slow process of retraining the supporting muscles of your spine.

Photo: Doctor doing range of motion on patient
Caption: Optimum results start with a thorough chiropractic examination.

Photo: Middle-aged couple snorkeling
Caption: Those with active lifestyles often benefit from some type of on-going wellness chiropractic care.

THE CHIROPRACTIC LIFESTYLE

A continuing schedule of regular chiropractic checkups can help detect, correct, and maintain optimum spinal and nervous system function. Find out how chiropractic care, combined with proper diet, exercise, and other aspects of good health and personal hygiene can enhance your well-being and help you enjoy life to the fullest. Ask your Doctor of Chiropractic for a care program designed for your age, condition, and lifestyle.

References