

2009



The value of a healthy spine is priceless.

January

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

February

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
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March

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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

April

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18	19	20	21	22	23	24
25	26	27	28	29	30	31

May

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24	25	26	27	28	29	30
31						

June

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July

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23	24	25	26	27	28	29
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August

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23	24	25	26	27	28	29
30	31					

September

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October

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30	31					

November

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December

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23	24	25	26	27	28	29
30	31					

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2009 Important Dates

New Year's Day	Thursday, January 1
Martin Luther King, Jr. Day	Monday, January 19
Valentine's Day	Saturday, February 14
President's Day	Monday, February 16
Daylight Savings Time starts	Sunday, March 8
St. Patrick's Day	Tuesday, March 17
First Day of Spring	Friday, March 20
Passover	Thursday, April 9
Good Friday	Friday, April 10
Easter	Sunday, April 12
Earth Day	Wednesday, April 22
Arbor Day, U.S.	Friday, April 24
Mothers Day	Sunday, May 10
Memorial Day	Monday, May 25
Father's Day	Sunday, June 21
First Day of Summer	Sunday, June 21
Independence Day	Saturday, July 4
Labor Day	Monday, September 7
Rosh Hashanah	Saturday, September 19
First Day of Autumn	Tuesday, September 22
Yom Kippur	Monday, September 28
Columbus Day	Monday, October 12
Halloween	Saturday, October 31
Daylight Savings Time Ends	Sunday, November 1
Veteran's Day	Wednesday, November 11
Thanksgiving	Thursday, November 26
Chanukah	Saturday, December 12
First Day of Winter	Monday, December 21
Christmas	Friday, December 25

2010

January

February

March

S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
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10	11	12	13	14	15	16	14	15	16	17	18	19	20	14	15	16	17	18	19	20
17	18	19	20	21	22	23	21	22	23	24	25	26	27	21	22	23	24	25	26	27
24	25	26	27	28	29	30	28							28	29	30	31			
31																				

April

May

June

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25	26	27	28	29	30		30	31						27	28	29	30			

July

August

September

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25	26	27	28	29	30	31	29	30	31					26	27	28	29	30		

October

November

December

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