

#366 Diathermy Transcript

Diathermy Brochure

Header: Diathermy

Q: What is Diathermy?

A: It is a form of shortwave electro-magnetic energy used to raise the temperature of certain soft tissues below the surface of the skin.

Q: How does Diathermy work?

A: Unlike a heat lamp, the Diathermy energy field passes through the softer tissues near the surface of the body, turning into heat when reaching the more dense tissues below the surface. This increases blood circulation and can help speed the healing process.

Q: What does Diathermy feel like?

A: It should feel pleasantly warm, but not hot. If treatment makes an area uncomfortably warm or you feel pressure, tell the therapist or doctor immediately.

Q: Why is Diathermy used?

A: Diathermy is an effective form of adjunctive therapy. It relaxes muscles and connective tissue. It can help increase range of motion, reduce muscle spasms and cramping, and make movement and stretching less painful.

Patient Benefits

Can help speed the healing process
Dilates blood vessels for improved circulation
Stimulates white blood cell production
Increases metabolism and waste removal
Helps prevent adhesions and scar tissue

Caption: The healing warmth penetrates clothing and skin, reaching tissues below the surface.

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